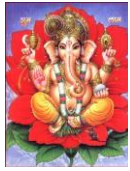


## Hinduism: Core Concepts



Many different deities (gods/goddesses) that help Hindus understand Brahman, the Ultimate Reality



Many different deities (gods/goddesses) that help Hindus understand Brahman, the Ultimate Reality



**Brahma**



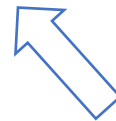
**Brahma** is the creator. He is connected with the beginning of life.



**Vishnu**



**Vishnu** is the preserver. He is connected with the living of life.

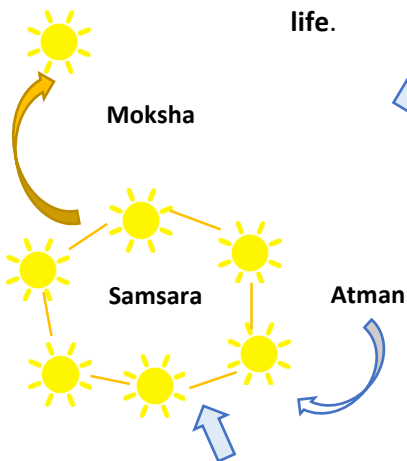


**Shiva**

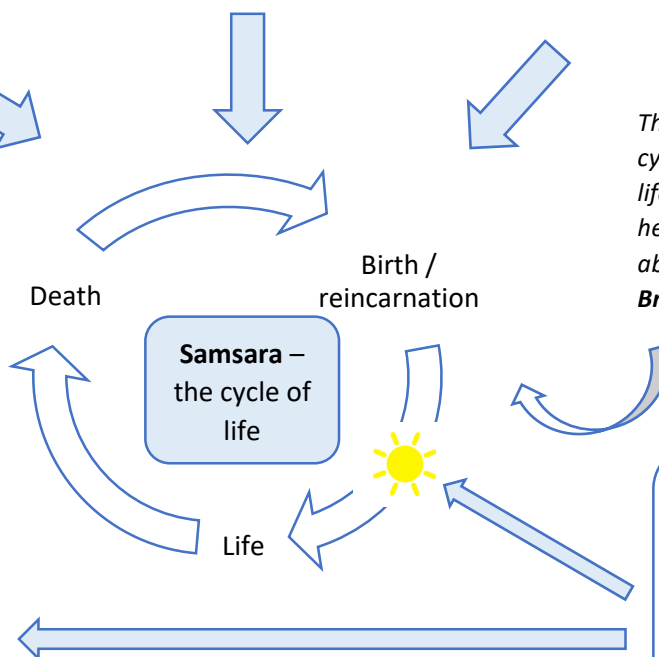


**Shiva** is the destroyer. He is connected with the ending of life.

Three key deities that help Hindus understand Brahman, the Ultimate Reality: the **Trimurti**



The ultimate goal of the **atman's** journey around **samsara** is **moksha** (liberation from **samsara**). It can achieve this by doing its **dharma** (duty) in each lifetime.



The **Trimurti** represent the cycle of life, **samsara** (birth, life, death, reincarnation), to help Hindus understand more about the Ultimate Life Force, **Brahman**.

Hinduism is interested in the journey of the **atman** around **samsara**.