



You, Me, PSHE – St Martins School Coverage - Two Year Cycle - Year 1

TERM	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Physical health and wellbeing Fun time	Physical health and wellbeing Fun time	Drug, alcohol and tobacco education Tobacco is a drug	Drug, alcohol and tobacco education Tobacco is a drug	Physical health and wellbeing In the media	Physical health and wellbeing In the media
Autumn 2	Keeping safe and managing risk Feeling safe	Keeping safe and managing risk Feeling safe	Keeping safe and managing risk Bullying – see it, say it, stop it	Keeping safe and managing risk Bullying – see it, say it, stop it	Identify, society and equality Stereotypes, discrimination and prejudice	Identify, society and equality Stereotypes, discrimination and prejudice
Spring 1	Identify, society and equality Me and others	Identify, society and equality Me and others	Mental health and emotional wellbeing Strengths and challenges	Mental health and emotional wellbeing Strengths and challenges	Keeping safe and managing risk When things go wrong	Keeping safe and managing risk When things go wrong
Spring 2	Drug, alcohol and tobacco education What do we put into and on our bodies?	Drug, alcohol and tobacco education What do we put into and on our bodies?	Identify, society and equality Celebrating differences	Identify, society and equality Celebrating differences	Mental health and emotional wellbeing Dealing with feelings	Mental health and emotional wellbeing Dealing with feelings
Summer 1	Mental health and emotional wellbeing Feelings	Mental health and emotional wellbeing Feelings	Careers, financial capacity and economic wellbeing Saving, spending and budgeting	Careers, financial capacity and economic wellbeing Saving, spending and budgeting	Drug, alcohol and tobacco education Different influences	Drug, alcohol and tobacco education Different influences
Summer 2	Careers, financial capacity and economic wellbeing My money	Careers, financial capacity and economic wellbeing My money	Physical health and wellbeing What helps me choose?		Careers, financial capacity and economic wellbeing Borrowing and earning money	Careers, financial capacity and economic wellbeing Borrowing and earning money



You, Me, PSHE – St Martin’s School Coverage - Two Year Cycle - Year 2

TERM	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Physical health and wellbeing What keeps me healthy?	Physical health and wellbeing What keeps me healthy?	Identify, society and equality Democracy	Identify, society and equality Democracy	Sex and relationship education Healthy relationships + How a baby is made	Sex and relationship education Healthy relationships + How a baby is made
Autumn 2	Mental health and emotional wellbeing Friendship	Mental health and emotional wellbeing Friendship	Drug, alcohol and tobacco education Making choices	Drug, alcohol and tobacco education Making choices		
Spring 1	Sex and relationship education Boys and girls, families	Sex and relationship education Boys and girls, families	Physical health and wellbeing What is important to me?	Physical health and wellbeing What is important to me?	Drug, alcohol and tobacco education Weighing up risks	Drug, alcohol and tobacco education Weighing up risks
Spring 2			Keeping safe and managing risk Playing safe	Keeping safe and managing risk Playing safe	Identify, society and equality Human rights	Identify, society and equality Human rights
Summer 1	Keeping safe and managing risk Indoors and outdoors	Keeping safe and managing risk Indoors and outdoors	Sex and relationship education Growing up and changing	Sex and relationship education Growing up and changing	Mental health and emotional wellbeing Healthy minds	Mental health and emotional wellbeing Healthy minds
Summer 2	Drug, alcohol and tobacco education What do we put into and on our bodies?	Drug, alcohol and tobacco education What do we put into and on our bodies?			Keeping safe and managing risk Keeping safe – out and about + FGM	Keeping safe and managing risk Keeping safe – out and about + FGM

